

Sample form, not for offline completion.

Visit <https://awardsubmission.ausactive.org.au> to enter.



Personal Trainer of the Year

Personal Trainer of the Year Award

Open to any level 2 or 3 AUSactive registered personal trainer (either as a contractor or an employee) operating in Australia. This is open to any exercise facilities, PT studios and outdoor businesses offering. You must have regular clients at the time of entry.

To view criteria and outline for a specific category, use the dropdown box to selected the desired category.

Nominee

Overview

50 words

In 50 words or less, please summarise your nomination, highlighting your / nominee's achievements and impacts made. The entry name and this summary will be used for all media purposes, certificates, trophies and onstage presentations at the gala dinner, so please ensure the following information is correct - there will be no changes to information once the entry period is closed.

Is this your first time entering the AUSactive Awards Program (optional)

Please provide a high resolution image that represents you and your award submission.



This will be used across our promotional activities.

Examples may include a headshot, organisation logo or other brand images/photos such as team photo.

Contact details

Please enter the contact details here of the person/s you are nominating.

First Name

The details entered here will be used as the main contact for this award entry.

Last name

State/Territory

▼
QLD
NSW
VIC
ACT
NT
TAS
WA
SA

State in which the nominee is (predominantly) located.

Organisation

Job title

Email

Mobile number (optional)

AUSactive Registration Number

The below criteria is unique for each category.

Knowledge to Application - 10 Points

200 words

How do you best apply your foundation knowledge and skills to your professional practice?

To achieve the highest score

- Provide evidence of exceptional integration of foundational knowledge into professional practice.

Planning and Adaptation - 10 Points

200

Describe your process for designing well-structured and varied sessions or classes. How do you ensure that your classes/sessions meet the diverse needs and expectations of participants safely and effectively?

words

To achieve the highest score

- Provide evidence of outstanding planning, with well-prepared modifications that meet the needs of various participants.
- Outline appropriate protocols for new clients.
- Proactively addresses safety concerns and demonstrates a strong understanding of injury prevention and adverse events

Inclusivity - 10 Points

200 words

What steps do you take to ensure your professional services are inclusive?

To achieve the highest score

- Outstanding identification of consistent inclusive practices for the broader community.
- Demonstrates ability to provide a supportive environment with respectful values.

Professional Development - 10 Points

200

What specific certifications, training, or education have you completed to enhance your expertise as a professional? How do you actively seek opportunities for professional development to improve your skills in your professional practice?

words

To achieve the highest score

- Provide evidence of a highly effective approach to planning and completing a comprehensive amount of professional development regularly within your professional scope of practice.

Client Testimonials - 10 Points

200

Provide testimonials or endorsements from clients who have benefited from your service. How do you gather and utilise the feedback to enhance your offering?

words

To achieve the highest score

Provide strong and diverse testimonials that highlight positive aspects of the instructor's service and its impact on participants.

Challenges and Growth - 10 Points

200 words

What challenges have you encountered in your professional practice, and how have you overcome them?

To achieve the highest score

- Provide a detailed and insightful account of a challenging situation/s.
- Your evidence should demonstrate resilience and clearly explain the approach taken to overcoming the challenge/s, and reflect on the experience for growth.

Goals & Aspiration - 10 Points

200 words

What future goals or aspirations do you have, and how do you plan to continue positively impact your clients?

To achieve the highest score

Demonstrates a clear and well-defined plan for achieving goals, showcasing a visionary approach to professional growth and industry leadership, with a profound impact on your clients.

Award Relevance - 10 Points

200

What aspects of your role as a instructor set you apart as a leading candidate for this award? Please provide examples showcasing your excellence and the positive impact you've had on the industry.

To achieve the highest score

Provide a detailed explanation detailing why you deserve recognition for this award, demonstrating a strong alignment with the award criteria and providing evidence of its impact.

Material may be supplied as follows:

1. Upload JPEG or PDF files. Maximum file size is 5MB per piece. A maximum of five pieces can be uploaded with your entry.
2. Video attachments may be hosted on a video site such as YouTube or Vimeo.
3. Provide website URLs to the publicly accessible campaign or active URL of a landing page. Please ensure any applicable usernames and passwords are provided and active.
4. Please do not upload any further written material as the judges will not consider these. The written component of your entry should be fully explained within the provided form fields.

9. Client Testimonials

Upload evidence of Client testimony.

Evidence can be of the following types

- Video footage
- Images/Photos or Screenshots
- Online reviews

You can also provide a link to a video footage that can be used in promotions.

You can receive a maximum of **10 points** for this evidence.

10. Resume/Experience

Upload Either

- Resume detailing your education, work placements, and optionally, mentoring experience
- or**
- Video demonstrating you delivering a session/class

You can receive a maximum of **10 points** for this evidence.

Social Media

Social media accounts

Please, provide your personal or business social media accounts if you'd like the AUSactive team to tag the nominee's accounts in finalist and winner announcement posts.

Facebook (optional)

Instagram (optional)

LinkedIn (optional)

X (optional)

Please, add up to three additional contacts to receive future correspondence regarding your nomination.

First name (optional)

Last name (optional)

Organisation (optional)

Job title (optional)

Email (optional)

Phone number (optional)

I declare that this submission is a true and accurate reflection of the assignment/project submitted.

Yes

By entering you are providing permission to AUSactive to promote and publicise your responses and any images or video footage. As a result, AUSactive will have permission to display any finalist and winning entries on the AUSactive Awards website and in industry communications. Entrants will be given the opportunity to remove sensitive information before publication.

Yes

I allow AUSactive to share my contact details with partners and sponsors of the 2024 AUSactive National Awards program to provide information on products, services and events.

Yes

No

